Maharishi University of Management was founded by His Holiness Maharishi Mahesh Yogi in 1973 to create enlightenment for every individual and peace for the world. Its method for accomplishing this is Consciousness-Based education, which has been introduced to the world by Maharishi and which develops the total potential of every student’s brain, the cosmic creativity latent within every student. This approach to education maximizes every aspect of students’ success in personal and professional life.

At the foundation of Consciousness-Based education is practice of the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying.

More than 600 scientific research studies conducted at more than 200 universities and research institutions in more than 30 countries have shown that these programs produce unprecedented results in all areas of life, based on developing the latent potentials of the brain. These results include rapid improvement of intelligence and creativity, improved academic performance, and improved health and well-being. Scientific studies have also shown that when large groups have gathered to practice these programs, there was a marked increase in global harmony, which immediately declined when the groups dispersed.

Our academic programs include bachelor’s, master’s, and doctoral programs in the sciences, arts, humanities, and management. The University’s theme is “Engaging the managing intelligence of Natural Law to work for you.”

Our students represent 60 countries. The student body lives harmoniously as a world family, dedicated to gaining knowledge and to making the world a better place.

Faculty include internationally recognized scholars and researchers with degrees from well-known universities, such as Oxford, Harvard, Columbia, Dartmouth, and MIT. The University is accredited by The Higher Learning Commission and is a member of the North Central Association (www.ncaho.org, 312-263-0463).

Our campus is also home to Maharishi School of the Age of Enlightenment, a kindergarten-through-12th-grade school that uses a Consciousness-Based approach to education, coupled with a traditional curriculum. Maharishi School has won hundreds of state and national awards in competitions in science, mathematics, art, writing, theater, sports, creative problem solving, and other areas.

All the problems in the world, from crime to drug abuse to international conflict, can be traced to one fundamental cause — the failure of modern education to develop the total potential of students’ brain physiology. When the brain is not fully developed, then people make mistakes and create problems and suffering for themselves and others.

Maharishi University of Management is dedicated to helping governments, schools, colleges, and universities worldwide adopt Consciousness-Based education. This is the key to creating a world characterized by peace and prosperity, harmony, and fulfillment.

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Schools, colleges, and universities are now being established in every country where students will practice Yogic Flying together in groups. These groups will create a high level of integration in national consciousness to prevent problems and promote positivity, coherence, and harmony in the whole country.”

—His Holiness Maharishi Mahesh Yogi
March 8, 2006, Global News Conference

Maharishi University of Management has the fortune to have been founded 35 years ago by an enlightened sage of the Vedic Tradition of India, His Holiness Maharishi Mahesh Yogi. Maharishi has provided to the University the system of Consciousness-Based education, which has been introduced to the world by Maharishi and which immediately declined when the groups dispersed. When large groups have gathered to practice these programs, there was a marked increase in global harmony, which immediately declined when the groups dispersed.

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These past four months have been the most exciting and momentous in our University’s history. The Invincible America Assembly has brought people by the hundreds from around the country and the world. They have enjoyed sublime experiences of rising enlightenment, and Maharishi has blessed the Assembly with daily discussions of experiences.

National trends are changing dramatically — toward positivity, prosperity, and peace — and our press coverage has been outstanding. And now we have the incredible blessing of Maharishi’s Vedic Pandals.

We have 328 new students this fall — 62% more than last year. And our total enrollment is 910 students — 31% more than last year. Construction on our beautiful new college and university of the world.

Under the leadership of Maharishi University of Management and its extraordinary school, Maharishi School of the Age of Enlightenment, the students and faculty of the University have been using the transcendental meditation technique of the Invincible America Assembly to achieve unprecedented results in all areas of life, based on developing the total potential of every student’s brain, the cosmic creativity latent within every student. This approach to education maximizes every aspect of students’ success in personal and professional life.

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At a time of great need in the world, practitioners of the Transcendental Meditation and TM-Sidhi programs gathered together beginning in late July to help quiet the spiraling crises in the Middle East.

In urgent terms, Maharishi asked as many Yogic Flyers as possible to come together to avert the danger. Fees were dropped, and by mid-August more than 1,300 people were doing program together on campus and in Washington, D.C.

Results came immediately. People had extraordinary experiences of bliss and unity — and the opportunity to discuss those experiences in live daily conference calls with Maharishi. And as a side-effect of these experiences, world events took a dramatically positive turn from the first day forward. Since the course began:

- The Dow has soared over 1,000 points — with its best third quarter in a decade — while the S&P rose to its five-year low.
- Consumer confidence has risen to its highest levels in over five years, adding an estimated $1.5 trillion to America’s corporate net worth.
- The price of oil, which peaked at $78 a barrel in mid-July, plummeted more than 25% to below $58 a barrel — with gas prices dropping 25% as well.
- Undoubtedly through the howard and alice settle Foundation for an invincible America, which pledged $12 million to help attract the 1,000 additional Assembly participants needed by offering financial support to 2,000 participants for a year.

This goal received an extraordinary boost from the Howard and Alice Settle Foundation for an Invincible America, which pledged $12 million to help attract the 1,000 additional Assembly participants needed by offering financial support to 2,000 participants for a year.

In addition, Maharishi has encouraged as many Yogic Flyers as possible to do very long program and support themselves by working two hours a day. Efforts are under way to create more employment in the community, particularly part-time employment that enables people to do long programs. A jobs board is now available at www.idealcommunityjobs.com.

Groups of Vedic Pandits just after arriving on the University campus. The goal is to bring 1,000 Vedic Pandits, raising the total number of Yogic Flyers in Fairfield and Maharishi Vedic City to more than 2,000 and creating a truly Invincible America.

For more information on Invincible America, visit invincibleamerica.org
A delegation led by physics professor John Hagelin toured China last month, presenting on Consciousness-Based education and correlating its basis with ancient Chinese wisdom.

The tour generated considerable interest and resonated resoundingly with the country’s evolving values and goals.

Six agreements were signed by school principals and paved the way for the University and Maharishi School to introduce Consciousness-Based education. In addition, endorsements were received from officials of Chinese education bureaus who are supporting its introduction. Steps are now underway to get the final approvals for implementation.

“Dr. Hagelin’s linking modern science, Maharishi Vedic Science, and Dao, which is Chinese traditional wisdom, made the audience very accepting of the presentations,” said Zhu Yunxiang, associate dean of Mahdari University of Management.

Consciousness-Based education, as well as a DVD presentation on health by Robert Schneider, M.D.

Dr. Deans spoke on the success of Consciousness-Based education, Dr. Dillbeck presented research findings, and Dr. Travis showed how the brain changes during regular learning, under stress, and during practice of the Transcendental Meditation technique. He demonstrated how brain changes during the Transcendental Meditation technique are the exact opposite to the changes under stress.

A presentation to an audience of 500 teachers and administrators included a demonstration of EEG readings during meditation.

The audience gasped when they showed them this,” Dr. Travis said. “They were absolutely silent when we showed him meditating for four minutes. It was as though watching the brainwaves gave them the sense of the inner silence during the Transcendental Meditation technique.

Generous benefactors from Hong Kong and Taiwan helped sponsor the tour. Also helping to actively organize and coordinate the tour were Dr. Stuart Zimmerman and Dr. Larry Chro- man, long-term generous supporters of the University.

According to Dr. Zhu, the national goals of China are a coherent and harmonious society with education as a top priority. He described education as the number two or three industry as the number two or three industry in China. Additionally, the government shows concern about the negative influences from Western culture while still aiming for the positive aspects and is now turning to its own ancient traditions as the antidote.

The correlation by Dr. Hagelin of Maharishi Vedic Science and the Chinese concept of the Dao (from the Dao De Jing, a book whose authorship is attributed to Lao Zi) complemented addresses by Ashley Deans, director of Maharishi School of the Age of Enlightenment, University Trustee Michael Dillbeck, and Fred Travis, associate professor of Maharishi Vedic Science, as well as a DVD presentation on health by Robert Schneider, M.D.

Donation Funds Consciousness-Based Education Programs around the Country

A wealthy philanthropist has come forward to fund Consciousness-Based education programs in schools around the country, with the first programs expected to begin this fall.

Education Tour Creates Demand for Transcendental Meditation Program in Schools

A series of presentations on the East and West coasts in the spring by faculty member Dr. John Hagelin, Maharishi School director Dr. Ashley Deans, and other educators and scientists has created a strong interest in Consciousness-Based education. As of June, 22,000 students were ready to begin practice of the Transcendental Meditation technique.

Over 1,200 principals, superintendents, teachers, school board members, and local government leaders in 13 U.S. cities attended presentations on Consciousness-Based education during the tour this spring.

In addition, Dr. Deans, author of A Record of Excellence: The Remarkable Success of Maharishi School of the Age of Enlightenment, has also toured major cities in Canada, Australia, and New Zealand.

Just prior to giving a presentation, the tour delegation stands in front of the Ying Dong Lecture Hall of Beijing Normal University, the top university in education in China.

For more information on Maharishi School of the Age of Enlightenment, see davidlynchfoundation.org
Over 1,000 Visitors Come for Weekend on Consciousness and Creativity

Transforming Event Features Filmmaker David Lynch, Physicist John Hagelin, and Singer Donovan

A rising wave of interest in consciousness and the Transcendental Meditation technique among young people was dramatically in evidence in March, when over 1,000 visitors came to campus for a weekend on consciousness and creativity that featured filmmaker and University Trustee David Lynch, physicist John Hagelin, and singer Donovan.

Enthusiasm mounted through the weekend, and many of the guests commented that they felt transformed. Immediately following the weekend the number of inquiries to Admissions doubled.

David Lynch, who received an honorary doctorate from Maharishi University of Management, focused on consciousness and the creative process, answering many questions from the audience. In his utterly genuine and sincere fashion, he explained the deep impulses that give rise to his creativity and the fundamental role played by his experience of pure consciousness.

Dr. Hagelin discussed consciousness, quantum physics, the universe, and spirituality. And he laid out a clear vision of the mechanism for creating peace in the world.

Other speakers included Dr. Fred Travis, director of the University’s Center for Brain, Consciousness, and Cognition, who explained the effect of the Transcendental Meditation technique on the brain and offered a live demonstration showing EEG coherence during the practice.

Dr. Sarina Grosswald, an educator and researcher who specializes in working with children who have been diagnosed with attention deficit hyperactivity disorder, spoke about the dramatic results in children with ADHD who have recently been taught the Transcendental Meditation technique.

School principal George Rutherford described his experience of introducing the technique in schools in Washington, D.C., and Philadelphia. And Nick Fitts, who learned the Transcendental Meditation technique as part of a federally funded study to teach the technique to teenagers with high blood pressure, spoke about how his life had been transformed.

Donovan performed on Saturday evening, and he and his wife Linda received a Maharishi Award.

The weekend concluded with a live connection with Maharishi and University President Dr. Bevan Morris. Most of those attending were students or educators from around the U.S. and a number of foreign countries. Also on hand were film crews from Germany, Brazil, and France, and a number of reporters and film critics.

Further evidence of the rising wave of interest was a segment about the University and Maharishi School filmed on the heels of the weekend and aired on CBS Sunday Morning in early April.

Over 300 Students at American University in D.C. Learn Transcendental Meditation Technique

As further evidence of the mounting interest of young people, over 300 students at American University in Washington, D.C., and surrounding campuses have learned the Transcendental Meditation technique and are participating in a two-year research project to document the effects of the Transcendental Meditation program on brain, behavior, and health.

The project began in February, and a total of 500 students are expected to be involved. Dr. Hagelin is spearheading the project, which has been made possible through a $1.2 million grant from the Abramson Family Foundation, the David Lynch Foundation, and private donors.

The principal investigators of the project are Robert Schneider, M.D., director of the University’s Institute for Natural Medicine and Prevention, and David Haaga, a professor at American University.

The research is measuring blood pressure, health behaviors, psychological stress, emotional intelligence, and academic achievement. Subgroups of students are being studied for brainwave coherence, cognitive intelligence, and, for those with diagnoses of ADHD, improvement in attention span.
Dr. Argiro is a University Trustee and was a member of the science faculty before founding Vital Images, Inc. Maggie received her M.A. in professional writing at the University, and has taught graduate-level public relations writing, journalism, and literary journalism as a visiting faculty member.

This donation and other recent generous gifts and pledges by University Trustees and supporters has brought the total raised to $3.6 million, and $3 million still needs to be raised.

Framing of Student Center Completed

Over $3 Million Raised, Opening Targeted for Summer 2007

Excitement is mounting as the three-story Student Center takes elegant shape. Now the dominant structure on campus, it is expected to be completed by summer 2007. Funding for the Student Center got a big boost in early spring thanks to a substantial and generous donation from Drs. Vincent and Maggie Argiro.

The Mahārishi Peace Palaces, one for men and one for ladies, are located north of the Library on the west side of Highway 1. They will offer a full range of services to the community, from instruction in the Transcendental Meditation technique to Residence Courses to a diverse line of over 60 MAPI products, such as herbal formulas, clothing, teas, and aroma oils.

The elegant buildings, clad in marble, are constructed according to principles of Mahārishi Vedic architecture.

The Mahārishi Peace Palaces will offer services such as a day clinic for Mahārishi Rejuvenation™ treatments, Advanced Techniques, instruction in the TM-Sidhi program, and possibly Mahārishi Vedic Vibration Technology™ programs.

There will be a bookstore and facilities for Residence Courses, including eight guest rooms in each of the buildings.

Transformation of Utopia Park Begins

The first stage of transformation of Utopia Park according to the principles of Mahārishi Vedic architecture is now taking place with the current construction of five frame-built houses at the southwest corner of the trailer park nearly completed, and six more being started. The price of the homes is approximately $240,000.

The homes are being developed by Doug Greenfield and his daughter, Amy, a management student at the University, who will be the general contractor and manager of this development. Nine trailers were removed to make room for these first houses.

The 1-1/2 story homes, designed by Susanna MacGregor, will provide 1,700 square feet of total living area.

For more information on Mahārishi Vedic Architecture, visit vedicarchitecture.org
AMA Publishes Study on Transcendental Meditation Technique and Metabolic Syndrome

New Grant of $2.5 Million Expected for Further Research

A study published in June by the American Medical Association showed a reduction in components of “metabolic syndrome” in a group of subjects practicing the Transcendental Mediation® technique compared to a control group.

Metabolic syndrome is a precursor to both heart disease and diabetes and comprises symptoms such as high blood pressure, abdominal obesity, abnormal cholesterol, and high blood sugar.

The subjects in the study had lower blood pressure and reduced insulin resistance.

Coauthors of the study were faculty members Robert Schneider, M.D., FACC, Sanford Nulich, Ed.D., and Maxwell Rainforth, Ph.D.

Now that research has documented the reduction in insulin resistance among the meditating subjects has implications for those suffering from diabetes. The term “insulin resistance” is used to describe the body’s inability to make use of the insulin produced by the pancreas to turn sugar into energy. This in turn leads to diabetes and cardiovascular disease. At the end of the 16-week trial period involving patients with coronary heart disease, the subjects had significantly improved blood glucose and insulin levels, which signifies reduced insulin resistance and more stable functioning of the autonomic nervous system.

The study appeared in the June 1 issue of Archives of Internal Medicine, published by the American Medical Association. It made news worldwide, with reports appearing in major media such as the New York Times, Washington Post, CNN, and Forbes. Reports by the Associated Press and Reuters were carried by hundreds of newspapers and TV stations around the country and the world.

The study, supported by a grant from the National Institutes of Health, was done in collaboration with Dr. Noël Baier-Merz and colleagues at the Cedars Sinai Medical Center in Los Angeles.

Dr. Schneider also coauthored a study with former faculty member Dr. David Orme-Johnson showing that the front of the brain associated with evaluating the response of the audience was very active. In addition, Dr. Travis’s paper compared Tibetan Buddhist meditation, mindfulness meditation, and the Transcendental Meditation technique using neural imaging and EEG data.

For more information on the Institute for Natural Medicine and Prevention, visit www.mum.edu/inmp

Dr. Travis presents paper comparing Forms of Meditation

Dr. Travis presented a well received paper on this topic at the annual conference on the science of consciousness in Tucson. Titled “Are All Meditations the Same?” his paper compared Tibetan Buddhist meditation, mindfulness meditation, and the Transcendental Meditation technique using neural imaging and EEG data.

He showed that Tibetan meditation is strenuous, with EEG readings in the 40 Hz range, or otherwise known as gamma waves. In addition, neural imaging shows that the brain is very active.

In mindfulness meditation, the brain appears to be imbalanced, with considerable activity in the left front cortex — the part of the brain associated with evaluating.

In contrast, EEG patterns during the Transcendental Meditation technique characteristically show global coherent alpha waves, which are correlated with the simplest form of awareness or pure consciousness. This EEG pattern isn’t seen in other practices of meditation.

“Neural imaging of the practice of the Transcendental Meditation technique shows that the front and back of the brain, the attentional system, are more awake and active than when one is just sitting with one’s eyes closed, while the thalamus, which is the gateway of experience, is less active,” Dr. Travis said.

“With the transcendental meditation technique, the brain is more balanced, with the thalamus and attentional systems in balance,” Dr. Travis said. “The EEG pattern is very consistent and similar for people who have been meditating for one week or one year.”

Dr. Travis showed that the Transcendental Meditation technique is effortless. They had assumed it entailed concentration, but the EEG and neural imaging made clear that the mind was in a restfully alert state, especially as compared to the other forms of meditation.

Dr. Travis explained that the practice is effortless because it is based on the mind’s natural tendency to go in the direction of greater charm. And because it is natural and effortless, the characteristic EEG patterns are seen within minutes of the individual’s first sitting.

“We need to continue to clarify this critical point that the Transcendental Meditation technique is effortless and uses the natural tendency of the mind,” Dr. Travis said.

Also, faculty member David Scharf gave a poster presentation at the conference titled “A New Angle on the Neural Correlates of Consciousness: Insights from Maharishi Vedic Science.” He said that the foundational importance of Maharishi’s programs and knowledge are increasingly being recognized.

For more information on the Center for Brain, Consciousness, and Cognition, visit www.mum.edu/chcc
Enrollment of New Students Increases

Enrollment at the University is definitely on an upward trend over the past year. As of mid-October, 328 new students had enrolled or were expected to enroll, representing a 62% increase in new students compared to a year ago, when there had also been a significant increase.

The number of new students this fall includes 73 undergraduates and 172 graduate students, as well as 83 students at the University’s partner institution in China. The Chinese students are officially enrolled in the Maharishi University of Management curriculum when they begin their third year of study at the partner institution.

The University’s yield rate (the percentage of applicants who enroll) is 61% this fall, compared to an average of 36% for U.S. private colleges.

Counterpart of Maharishi University of Management Established in Switzerland

Maharishi University of Management continues with its goal of establishing campuses around the world. This year, Maharishi University of Management staff worked with Maharishi University of World Peace in Geneva, Switzerland, to establish a European equivalent of Maharishi University of Management in partnership with Maharishi University of World Peace.

The University of World Peace received formal approval from the government in Switzerland to begin offering degree programs. Maharishi University of Management will hold Rotating University courses there in the next year and will seek approval from our accrediting association to establish a branch campus in Geneva in partnership with Maharishi University of World Peace.

New Program in Communications and Media Offered

Stuart Tanner, a highly experienced senior television producer/director of prime-time programs who has won awards for his films for the BBC and Channel Four, has joined faculty to teach courses in communications and media. Students enrolled in his course will learn to produce documentaries and other videos.

Dr. John Hagelin

Mr. Tanner’s work has primarily been in the area of current affairs, including a documentary about Israel and Palestine that won the 2002 Foreign Press Association “Story of the Year” award.

In addition, Joe Holland has joined faculty to teach in this program. He has extensive experience in journalism and radio.

Physics Minor Begins

Physics is again among the University’s offerings after having been discontinued as a major a number of years ago.

Students can earn a minor in physics and have the opportunity to take courses from renowned physicist Dr. John Hagelin and new faculty member David Scharf.

Students Earn Degree While on Purusha

Maharishi has emphasized the value of the Purusha™ program for men, and now students can join this program while simultaneously working toward a B.A. or M.A. in Maharishi Vedic Science from Maharishi University of Management.

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Computer Students Hired by Microsoft

Students in the Computer Professionals Program are being hired by Microsoft at an increasing rate, with nearly 70 students working there as of June. The students study on campus for six or seven months and then are placed in a practicum in U.S. companies while finishing their M.S. in computer science via distance education over the next two years.

The average starting salary for the students is around $54,000 per year. Over 500 different companies have now hired Computer Professionals students.

The program, one of America’s largest master’s programs in computer science, currently has over 400 students enrolled, including 300 in their practicum phase.

Computer Student Receives Award

Samuel Bedassa from Ethiopia was recognized as being “among the best and brightest” in his profession by the Global Local Government Personnel Association of the Baltimore-Washington Metropolitan Area. Samuel was singled out by the group as “Personnelist of the Year.” He is being honored for successfully developing a J2EE-based human resource application for Montgomery County, Maryland.

Students Consult for Local Businesses, City of Fairfield

Students studying management and sustainable living have been applying their classroom knowledge — and providing valuable consulting for local organizations and businesses, as well as for the City of Fairfield.

In a class that studied a management method called “lean thinking,” the students divided into teams, and each team worked with a local business or organization to apply lean thinking. They assessed the need, introduced concepts, made recommendations, and created proposals.

In addition, in a course on management and the environment, the students developed strategies for the City of Fairfield to save money via the use of alternative energy. They made a very successful presentation to the City Council’s environmental committee and to Mayor Ed Malloy, and as a result the city has created a commission on sustainability.

Accounting Students Placed in Paid Practicum Positions

The new M.B.A. program with a specialization in accounting modeled on the successful Computer Professionals Program recently successfully placed most of its first 17 students who enrolled last fall.

Counting those who arrived in January, the program had nearly 40 students in its first year.

The students initially study on campus and then are placed in a paid practicum position for two years while they complete their degrees via distance education. The starting salary for those placed recently has averaged $50,000.

Education Students Placed

Also in its inaugural year, the new Teachers Advantage Program enrolled its first group of eight students and placed them in teaching positions. The students spend six to 10 months on campus and then finish their degree via distance education over a period of two years while teaching.

The Teachers Advantage Program focuses on science and mathematics education, for which there is a high demand in the U.S.
Lyric Benson — B.A. in Maharishi Vedic Science

I started my college education at New York University film school in the screenwriting department. I loved screenwriting because I felt I could see things in the world that weren’t quite right, and shed light on those things. I hoped that someone would buy my screenplay and then those things. I hoped that someone would watch it, and then someone would watch it, and then maybe that person would be affected and maybe change something.

“Then I remember one day sitting in my room after having had a long screenwriting class and thinking I could write for a thousand lifetimes and it wouldn’t encompass everything that I wanted to say, everything I wanted to change. And I felt sad. “So I left NYU. I ended up meeting Joanne Ryan, a teacher of the Transcendental Meditation technique. And then I remember the first time I transcribed — and I felt, ‘Wow, this is it, this is what I’ve been looking for.’ Before, I was trying to fulfill myself through these various ways, and I felt myself getting heavier instead of brighter. Then I felt myself brighter and brighter.

“Then I feel that because I’m now able to radiate that, I really do affect my environment and make the world a better place.”

Benjamin Katz — B.A. in Environmental Science/Sustainable Living

“I’m here to make the world a more beautiful place. But how do I do this? I think it starts with a vision, but to have that vision you have to have an understanding — an understanding of what it’s going to look like when we’re living sustainably.

“How do we find this vision? Through the exploration of consciousness, our awareness and our perception grow. And the support of Nature and the vision necessary to bring all of these things to the level of physical manifestation also grow.

“What I’ve gained at this University is both the practical knowledge of sustainability — all the principles and practices — and also that technique and the support to dive deep within my own consciousness.”

Daniel Ferketa — M.S. in Computer Science

Daniel was among the first Computer Professionals students to come from Ethiopia and was selected as this year’s outstanding student. His grade point average was high, he chose to take the most challenging classes, and he even served as a teaching assistant in some courses.

Over the two years after Daniel enrolled, nearly 200 of his countrymen followed in his footsteps. In the fall of 2004, he was hired by Microsoft, where he worked for two years in a paid practicum position while completing his degree. He did well, and in the ensuing year a half Microsoft hired an additional 50 Computer Professionals students, 39 of them Ethiopians.

“I’ll always be grateful to Maharishi University of Management for paving the way to reaching beyond my dreams in consciousness and my career,” Daniel said.

Ph.D. Recipient Puts Most Comprehensive Collection of Vedic Literature Online

The University now has the world’s most comprehensive and orderly online collection of Vedic Literature written in the Sanskrit Devanagari script as a result of Ph.D. research by tape librarian Peter Freund.

Dr. Freund has put almost 60,000 pages of Vedic texts, including rare, sought-after, or out-of-print publications, on the University’s website. Scholars and libraries from around the world contributed to the project by providing texts. He worked on the project as part of his dissertation for a Ph.D. in Maharishi Vedic Science.

The Vedic Literature website orders the previously scattered Vedic texts according to the principles of ancient Vedic Science revived by Maharishi, who first proposed a reading program in 1991 to allow students to read the entire Vedic Literature in Sanskrit in a proper sequence. He predicted the profound benefits that would result, and these have been verified by the experiences of students.

The main goal of the website is to smooth the progress of the Vedic Literature reading curriculum. Previously students faced a difficult task to gather or borrow all the texts and to get them in time to be read in sequence. Approximately 313 texts were identified by Maharishi as the essential parts of a reading program. So far 288 of these texts have been assembled and most are online. A small number of texts still need to be assembled or prepared, including rare texts in the Granth script of South India that need to be converted to Devanagari.

The online collection shows an at-a-glance structure of the Vedic Literature with links to downloadable PDF files.

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For more information on alumni satisfaction, visit www.mum.edu/act

PDF files of the Vedic Literature can be downloaded at www.mum.edu/vedicreserve
Leading Cardiologists Hear about Maharishi’s Approach to Health

The nation’s top cardiologists had the opportunity to learn about the benefits of the Maharishi Vedic Approach to Health™ when for the first time the American College of Cardiologists (ACC) offered a symposium on natural medicine — and chose to highlight it in the national and international publicity for the event.

Faculty member Robert Schneider, M.D., director of the Institute for Natural Medicine and Prevention, co-chaired the symposium with Brian Oshinsky, professor of cardiac electrophysiology at the University of Iowa’s Carver College of Medicine. Over 200 cardiologists attended the symposium, and the 30,000 cardiologists at the meeting were in some way exposed to the content of this presentation.

Dr. Schneider Presents at Harvard and New Jersey Medical Schools

Dr. Robert Schneider also made presentations on the Maharishi Vedic Approach to Health at Harvard Medical School and the University of Medicine & Dentistry of New Jersey. Both schools initiated discussions to pursue opportunities for future collaborative research with the Institute for Natural Medicine and Prevention.

Dr. Schneider Publishes Book on Heart Health

Robert Schneider, M.D., FACC, achieved another milestone with the publication of his book, Total Heart Health: How to Prevent and Reverse Heart Disease with the Maharishi Vedic Approach to Health. The book explains how to restore balance in the mind, body, and environment using techniques such as the Transcendental Meditation program, dietary guidelines and use of herbal supplements, and Maharishi Vedic architecture. And it offers practical knowledge that people can apply on their own.

See www.totalhearthealth.info.

Dr. Travis Gives Presentation to 800 Deans and Provosts

Faculty member Fred Travis spoke to over 800 university deans and provosts at the annual meeting of the Western Association of Schools and Colleges. As a plenary speaker, Dr. Travis presented alongside veritable icons of American higher education, including Derek Bok, university president emeritus, Harvard University, and Thomas Ehrlich, a senior scholar at the Carnegie Foundation and former dean of Stanford Law School. Dr. Travis spoke on the topic “Does the College Experience Damage the Brain?” and presented recent brain research documenting how the college experience takes a terrible toll on a student’s brain as a result of academic pressures, poor diet, sleep deprivation, and substance abuse. The resultant stress and fatigue actually breaks down the connection between the frontal lobe and the rest of the brain, limiting judgment, moral reasoning, synthesis, and planning.

Dr. Travis showed patterns of neural imaging, raw EEG, and EEG coherence that demonstrated that frontal attention circuits are enlivened during the practice of the Transcendental Meditation technique, thereby integrating the functioning of the whole brain.

The Western Association of Schools and Colleges, through its Accrediting Commission for Senior Colleges and Universities, accredits institutions in the western United States.

Study Shows Reduction in Risk Factors for Heart Disease

Faculty members Dr. Carolyn King and Dr. Ken Walton presented research at the annual meeting of the International Society on Hyper tension in Blacks showing that the Transcendental Meditation technique can affect a range of risk factors for cardiovascular disease.

In their research they devised a method for measuring “metabolic syndrome” and then used the measure to determine the relative benefits of the Transcendental Meditation technique as an educational tool to reduce metabolic syndrome in a high-risk population.

While both interventions lowered blood pressure, those practicing the Transcendental Meditation technique had a relatively greater decrease in triglycerides. In addition, while the health education group showed no change in HDL cholesterol (the good kind), the meditating group had a significant increase.

Dr. Travis Publishes Article on Brain Coherence

Travis and former faculty member Dr. Alarik Arenander published an article in the International Journal of Neuroscience on research that showed that frontal brain coherence is positively correlated with moral reasoning, emotional stability, and inner orientation, and is negatively correlated with anxiety. Further, it showed that coherence rises to a high level after just two months of practice of the Transcendental Meditation technique, suggesting that individuals quickly master the practice. The research also showed long-term benefits in activity.

Dr. Corazza Publishes on Mathematics of Wholeness

In 1990 Paul Corazza, assistant professor of computer science, used the basic principles and dynamics of wholeness, as described in Maharishi Vedic Mathematics — large embeddings j: v → v” was published in Annals of Pure and Applied Logic. This paper provides deep mathematical support for the principle from Maharishi Vedic Science that the dynamics of wholeness are present at every layer of creation, from unmanifest through all subtle and gross manifest levels of existence.

Educators Impressed by University’s Exercise Program

Physical educators were amazed to hear about the University’s innovative exercise program when Ken Daley, head of the Department of Exercise and Sport Science, gave a presentation at the national meeting of the American Alliance for Health, Physical Education, Recreation, and Dance in Salt Lake City.

The program entails fitness testing for all students twice a year, individually tailored fitness programs, and required daily exercise — much more ambitious than any other university.

At the meeting, Mr. Daley put the Mod Log Program in the context of the University’s overall commitment to a complete wellness program, including the practice of the Transcendental Meditation program, serving organic vegetarian food, and the practice of Maharishi Yoga™ asanas.

Mr. Daley is president of the Iowa Alliance for Health, Physical Education, Recreation and Dance.

Iowa Lt. Governor Visits Campus, Highlights Art Project

Iowa Lt. Governor Sally Pederson visited professor Jim Shrosbree’s ceramics class in November as part of a promotional tour for Buy IowaArt.com, a website developed by the state of Iowa to sell the work of Iowa artists.

During her visit, Lt. Governor Pederson toured the ceramics studio, spoke with faculty and students, and examined the works in the studio by Professor Shrosbree and his students. Professor Shrosbree has formed a studio group that involves students, faculty, alumni, and staff in producing and selling handmade, earthware objects d’art that are usable in the home as well as being aesthetically pleasing. Profits go to the Ceramics for Permanent World Peace Project, which was formed to help fund groups of peace-creating experts around the world.

Jane Schmidt-Wilk Appointed Co-Editor of Major Academic Journal

Management faculty member Jane Schmidt-Wilk was appointed co-editor of the Journal of Management Education.

The journal is a product of the Organizational Behavior Teaching Society and is published by SAGE Publications, a leading international publisher in scholarly and professional journals. It covers research and analysis on teaching management and organizational behavior and serves as a forum for the improvement of management education in classroom and corporate settings.

In 2000, Dr. Schmidt-Wilk published an article in this journal, co-authored with Drs. Dennis Heaton and David Steingard, on Maharishi University of Management’s Consciousness-Based approach to management education. Based on her publications, her active participation in the Society, and her editing experience, she was entrusted with the co-editorship for 2005–2006.
For more information on achievements, visit www.maharishischooliowa.org

Dr. Ashley Dean, director of Maharishi School, documents Maharishi School’s extraordinary achievements in his new book, A Record of Excellence: The Remarkable Success of Maharishi School of the Age of Enlightenment.

Those achievements include grades 10–12 consistently scoring in the top one percent of the nation on standardized tests, graduating 10 times the national average in National Merit scholars, and winning global acclaim for the creativity and problem-solving ability of the students. In addition, the students have set records for the number of state championships in a range of athletic, academic, and creativity competitions. They have won more than 100 state titles in science, speech, drama, writing, poetry, spelling, art, photography, history, mathematics, chess, tennis, golf, and track.

With amusing anecdotes, photographs, and cartoons, and backed up by extensive research, Dr. Dean lays out the compelling case for Consciousness-Based education, which includes the Transcendental Meditation and TM-Sidhi programs, as the solution to the problems in modern education.


New Book by Dr. Ashley Deans Covers Consciousness-Based Education, Maharishi School Achievements

Maharishi School enjoyed its best track season ever, with six students qualifying for the prestigious state meet and ending up with a first-place finish from Steven George, who won the long jump with a leap of 22 feet and 10 ¾ inches.

Also excelling was Justin Rocca, who took fifth place in the 400, and seventh place in the 200.

The success of the School’s very small track squad was remarkable in that often they competed against schools who had dozens of students participating in track. In the district competition, Maharishi School finished third out of 13 teams.

Maharishi School Student Atish Dey Receives Scholarship

Maharishi School student Atish Dey received a $2,000 scholarship to attend the National Youth Leadership Forum on Medicine. The award was based on his record of academic achievements and extracurricular involvement.

School Tennis Teams Enjoy Success at State

Maharishi School tennis teams enjoyed yet another successful season, with the boys team being one of four teams in the state to qualify for the 1A division team championship and earning second place.

The team’s only losses this year were to the 1A champion and to the team that eventually won the 2A championship. It was the ninth time the boys team has made it to the final four.

The girls team also had a successful season. Junior Avery Gibson qualified for the state singles competition and made it to the championship match, losing to the top-seeded player.

Golf TeamEarns Sixth Place at State

The Maharishi School boys golf team had a strong season and qualified for the state tournament, where the team finished sixth. It was the fourth time in five years that the team has made it to state, and the eighth overall.

Destination ImagiNation Team Wins da Vinci Award at Global Competition

After winning the top awards at state, five Maharishi School teams headed to the global finals of Destination ImagiNation in Knoxville, Tennessee, where they were one of fewer than 15 teams among the 900 competing to win a coveted da Vinci award for outstanding creativity.

The award went to the Maharishi School secondary level team entered in “How’d That Happen?” The judges wrote, “This team’s imagination came to life when their costumes morphed and changed into different characters, props, and scenery. The appraisers were astounded by the exquisite costumes and incredible portrayal of animals, trees, rivers, hills, and valleys of Australia.”

$15,000 Renewable Energy Grant

Maharishi School was awarded a $15,000 grant from the Bonneville Environmental Foundation to support the installation of six pole-mounted solar panels for School electrical use and to implement a renewable energy curriculum. The project is being used to educate students on the specifics and benefits of photovoltaic electric power.

Maharishi School is one of only two schools in Iowa that have an ongoing photovoltaic solar panel project.

Girls Basketball Team Qualifies for State Tournament

The Maharishi School girls basketball team won the regional basketball championship in a dramatic triple-overtime game, and for the first time for a Maharishi School basketball team, qualified for the prestigious state tournament in Des Moines. Star player Sofia Iwobi scored 49 points in the contest.

The team lost in the first round of the state tournament to the third-ranked team, which eventually went on to play in the finals. Though they fell behind in the first quarter, the girls played a solid game thereafter, showing they can play on a par with the best teams in the state.

The team is coached by Brendan Higgins.

Sofia Iwobi Highlighted in Sports Illustrated

Basketball standout Sofia Iwobi immediately began reaping accolades as a result of her stellar season, including being highlighted in Sports Illustrated’s “Faces in the Crowd” section. The item mentioned Ms. Iwobi’s extraordinary performance in the regional championship, as well as noting that she was named to the first-team All-State and was a McDonald’s High School All-American finalist.

Next year she will play for the University of Vermont, a Division I school. She was named Ottumwa Courier Player of the Year for the second year in a row. She averaged 20 points, 14 rebounds, 7 steals, 4 assists, and 3 blocks per game.

Maharishi School student Molly Brooks won third place in a national photography competition for this photo titled “Textured Mirror.” Three other students won awards, including two second-place photos.

For more information on achievements, visit www.maharishischooliowa.org
Why We Need Your Support

As a private institution, we do not receive public tax support. And as a relatively new institution, our endowment has grown to only a modest size so far.

Our two major income streams, as you can see on the chart at right, are student tuition and your Annual Fund donations. Together these account for 86% of the income we use to operate the University each year.

In the past year, we received more than $4 million in donations, including support for the Annual Fund, which helps enormously with operating expenses.

We are so grateful for what our open-hearted family of donors contributes to Maharishi University of Management year after year.

And now we are hosting the Invincible America Assembly, which is creating such marvelous effects in our country and in the world. The associated costs are largely being carried by the University — and so your support is more vitally needed than ever.

We extend our deepest gratitude to all of you for your contributions — generous, wise, and visionary. We are on the threshold of creating an Invincible America and a peaceful world — the fulfillment of our mission as a University.

As this publication indicates, Consciousness-Based education is now being widely recognized and appreciated as the solution to today’s educational problems. Everything we have desired for so long is coming to fruition. Your investments in the University are bearing fruit as never before, even to the point of bringing invincibility to our nation.

We thank you so much for your generous and visionary support, particularly at this historic time.

Jai Guru Dev
Michael Spivak
Treasurer
Invincible America Assembly

If you aren’t already enjoying the marvelous experiences in the Golden Domes and contributing to national invincibility and world peace, please come and join the Invincible America Assembly.

- **Come for any length of time** — There is no course fee (living expenses need to be covered)
- **Receive a grant** — You can receive $600 per month to cover living expenses if you commit to doing the extended daily program
- **Receive a fee waiver for the TM-Sidhi course** — If you don’t practice the TM-Sidhi program, you can receive a fee waiver for tuition if you commit to doing group program in the Golden Domes for a year
To apply for the Invincible America Assembly or the TM-Sidhi course, see invincibleamerica.org.

Visitors Weekends

These weekends are designed especially for prospective students and their parents — but are open to anyone who wants to sample life at the University.
- Dec 8–11, 2006
- Jan 26–29, 2007
- Feb 23–26, 2007
- Mar 23–26, 2007
- Apr 20–23, 2007
- May 18–21, 2007
- Jun 15–18, 2007
- Jul 13–15, 2007

Contact our Office of Admissions at 800-369-6480 or 641-472-1110 Monday–Friday, 10 a.m.–noon and 1–4 p.m. Central Time or e-mail admissions@mum.edu. See www.mum.edu/visitors. Free lodging and meals for high school and college students.