MAHARISHI UNIVERSITY OF MANAGEMENT

UNIVERSITY REPORT
2009 - 2010
Nothing is impossible for total Natural Law. And that is why education should be such that the individual awareness opens itself to this inner reality of consciousness. That’s why we say Consciousness-Based education.”
—Maharishi Mahesh Yogi, June 4, 2003

In recent years, Maharishi repeatedly said to his leaders that the bright future of the world lay in the hands of its young people practicing the Transcendental Meditation and TM-Sidhi® programs, including Yogic Flying®, which are known for their effects of silence by the Vedic performances. Maharishi has given the most extraordinary talks illuminating the interactions with Maharishi over many years on the highest levels of Vedic Science and modern science. He has met with the faculty, the students, the young leaders, Purusha, and the community at large, and he has made very abstract realities concrete and easily understandable. The level of inspiration he has created has been quite incredible really. We are so grateful for his residence here with his dear family.

I have had the chance this year to travel to 18 countries and all over the U.S. to talk about Maharishi University of Management, Maharishi School of the Age of Enlightenment, the Invincible America Assembly, and our 1,000 amazing Vedic Pandits. Everywhere I go the enlightened people are just dazzled by what has been done in the community of Maharishi University of Management. It means so much to everyone, and all over the world people love to come into this atmosphere - an atmosphere charged with the “number one” experiences of dynamism in silence, with waves of bliss, and with the thrilling of silence by the Vedic performances.

As we have toured the country, Raja John Hagelin and I have been encouraging more and more people to come here as university students, to retire, to bring businesses, to bring back to Maharishi School of the Age of Enlightenment — for any reason to come home to heavenly bliss in the Maharishi University of Management community.

Now for an endowment for Maharishi University of Management to make all this permanent! Thank you for all your support for our University, our School, and our community for national invincibility. Jai Guru Dev

Dr. Beran Morris, President and Prime Minister, Global Country of World Peace
Decade of achievement:
University accreditation renewal marks another milestone

Last spring, following its regularly scheduled 10-year accreditation evaluation, the Higher Learning Commission of the North Central Association of Colleges and Schools renewed MUM’s accreditation for another 10 years. Each accreditation review offers the opportunity to reflect on the University’s remarkable progress over the past decade.

Our enrollment has more than doubled in the last 10 years. We now have more than 1,200 students, with most of this growth coming in the last five years. In addition, the campus has been transformed — 42 old buildings have been demolished, and 70 new buildings have been built, including residence halls, classroom buildings, homes, apartment buildings, and condos. This remarkable transformation was made possible by generous donations, $11 million for construction and $500,000 for demolition.

Currently under construction is the Sustainable Living Center, an off-the-grid classroom/office building that will be the only building of its kind in the world.

Other achievements have included academic programs that have brought waves of new students (the Computer Professionals Program, the Accounting MBA, Sustainable Living, and Media and Communications), major research grants and publications, a new MBA, Sustainable Living, and Media and Communications), major research grants and publications, a new MBA, Sustainable Living, and Media and Communications), major research grants and publications, a new MBA, Sustainable Living, and Media and Communications)

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This year, with the leadership of Trustee Ed Malloy and the Board of Trustees, the University launched a campaign to build the endowment to $100 million over the next 10 years to secure the University’s longer-term future. Graham-Pelton Consulting, Inc., a leading fundraising consulting firm for nonprofit organizations, is assisting this effort. The University is poised for even more impressive expansion in the decade to come.

Among our greatest achievements are our graduating students. In the past 10 years we have awarded 725 bachelor’s degrees, 1,776 master’s degrees, and 30 PhDs. At the annual awards ceremony each June, everyone is impressed with the quality of our students and their speeches. And as our ongoing assessment measures indicate, graduating students have higher levels of brain integration, better overall health, greater overall maturity and sense of self, higher levels of growth of higher states of consciousness, and greater happiness than when they enroll.

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University expands in Brazil, South Africa, and India

This past year a number of countries around the world expressed interest in Maharishi University of Management’s approach to education, with collaborations now in place with institutions in South Africa, Brazil, and India, an initial agreement with schools in China, and an enthusiastic reception in the United Arab Emirates.

China

An education delegation of five people representing a syndicated school system of three middle and high schools in Qingdao, China, also signed two agreements to collaborate. These memoranda of understanding with MUM and Maharishi School state the intention to collaborate in offering international education. These understandings include mutual student exchanges, sending boarding students to Maharishi School, and sending high school graduates to MUM as well as summer and winter camp activities on both sides.

MUM has also signed a contract with the Brazilian college Faculdades Integradas de Jacarepaguá (FIJ) to offer a joint MBA program.

Located in Rio, FIJ has both a daytime K-12 school and an evening business college with a capacity for 1,500 students. Owned by a family who practices the Transcendental Meditation program, the school has hundreds of students who have learned the practice.

MUM will teach half the courses by distance education, supplemented by teaching assistants at FIJ, and FIJ will teach the rest. This International MBA Program will permit Brazilian students to attend MUM in Fairfield for a semester, and Fairfield students may take MUM courses at FIJ.

South Africa

Maharishi Invincibility Institute in Johannesburg currently has about 250 students enrolled and will offer an MUM undergraduate degree in business.

The students will do the first phase of their undergraduate work enrolled in Maharishi Institute, and then apply to MUM to transfer that credit and take their third and fourth years as MUM students to finish their degree. The courses will be taught online in conjunction with live conferencing.

The Institute is located in a 100,000-square-foot, nine-story building with the capacity to house up to 2,000 students.

Maharishi Vedic Health Care in India and UAE

In addition, Maharishi Consciousness-Based approach to health care is being introduced to the United Arab Emirates (UAE) and India, thanks to a number of meetings and agreements during a three-week tour in those countries by Robert Schneider, M.D., dean of the Maharishi College of Perfect Health at MUM.

In the UAE notable leaders in the field of integrative health were enthusiastic to work together. In India Dr. Schneider established an agreement with one of their top Ayurveda universities to collaborate on developing the curriculum for a Maharishi College of Perfect Health and an agreement to offer a one-year M.A. in Maharishi Ayurveda to medical students at another university. He also met with a real estate development company and agreed to pursue the building of a Maharishi Health Center.

Sustainable Living Center expected to be finished in the spring

In Earth Day, April 22, the walls and the roof began going up on the new Sustainable Living Center — a building that will set a new standard for green building in America by being completely off the grid with respect to electricity, heating and cooling, water, and waste.

The building uses whole-tree post-and-beam techniques, with the main support beams being made out of tree trunks rather than sawed timber. Tree trunks are 150% stronger than milled lumber and over 100 times more abundant than millable old-growth trees.

The Sustainable Living Center will serve students in the University’s Sustainable Living major. It has classrooms and offices, as well as a workshop, meeting room, greenhouse, kitchen, research lab, recycling center, east and west covered verandas, and a porch on the north.

Non-toxic materials from local sources are being used. All of the electricity will be provided from solar panels on the building and from a wind turbine. Rainwater catchment will be the complete source of the building’s water, with purification of drinking water via ultraviolet technology. Wastewater will be treated onsite using a constructed wetland. Natural daylighting will illuminate the entire interior. Geothermal technology will assist with heating and cooling.

This achievement is remarkable because none of the systems in the building are new or experimental. Rather it uses "state-of-the-shelf technologies," and shows that it’s possible to meet environmental goals for the built environment with already-available materials, technologies, and green building protocols.

The building will also be a showcase for the public, and will feature meeting rooms, a real-time energy and renewable systems monitor, and displays of materials and building systems featured in the building.

University files ambitious climate action plan

Last fall Maharishi University of Management filed a dramatically ambitious climate action plan to reduce carbon emissions in the next several years, including a target of reducing electricity usage 70% by 2011 and reducing combustion emissions 50% by 2014. The plan sets a goal of a eliminating emissions by 2020.

The plan is part of the American College and University Presidents’ Climate Commitment signed by MUM President Dr. Bevan Morris.

The ambitious target of a 70% reduction in electricity usage will be made possible by the wind turbines that the University is planning to install east of campus. Also contributing will be solar panels as well as reduced electricity usage due to conservation, more efficient lighting, and upgrades to heating/ventilation/air conditioning systems.

The reduction of combustion emissions will primarily involve curtailing the use of natural gas through the use of geothermal technology. An additional, lesser component will be solar thermal panels and other technologies.

The result will be a 59% reduction in total carbon emissions by 2014.
Banner year for research publication: Studies show effects on mortality, diabetes, blood pressure, anxiety, depression, and cholesterol

A n unusually large number of research results came out this year, showing that a striking range of medical conditions are improved as a result of practice of the Transcendental Meditation technique, including mortality rate, diabetes symptoms, blood pressure, anxiety, quality of life, depression, and cholesterol. In addition, EEG studies gave new insights into the effects on the brain.

Reduced blood pressure, anxiety, depression, and anger
A project to teach the Transcendental Meditation technique to 300 students at American University several years ago led to several publications. In what may be the largest randomized controlled trial to date, the Transcendental Meditation technique was found to be an effective method to reduce anxiety, depression, and anger, as well as reducing blood pressure in those at risk for hypertension. The study, with Sanford Nidich as lead author, was published in the American Journal of Hypertension.

Reduced mortality
A study conducted at the University of Wisconsin found reduced mortality among the group practicing the Transcendental Meditation technique, garnering major headlines. Presented by Robert Schneider, M.D., at the annual meeting of the American Heart Association, the study found nearly 50% lower rates of heart attack, stroke, and mortality compared to nonmeditating controls. The nine-year, randomized control trial followed 201 African-American men and women with an average age of 59 years.

Improvement in diabetes complications, cholesterol, and arterial stiffness
Three conference presentations reported positive physiological changes as a result of meditation. Both Carolyn King and Ken Walton gave presentations at national conferences on a study that found that African American women greatly improved their condition of dyslipidemia through the practice of the Transcendental Meditation technique. Dyslipidemia is the most common complication of diabetes, characterized by low HDL (good) cholesterol and high triglyceride levels, which increase the risk of cardiovascular disease.

In addition, at the annual meeting of the American Psychosomatic Society, faculty researcher John Salerno presented results from a randomized controlled trial showing regression of atherosclerosis in high-risk subjects compared to controls who received conventional health education with diet and exercise recommendations.

Reduced depression, improved mental well-being
Sanford Nidich presented the results of two additional studies at the Annual Meeting of the Society of Behavioral Medicine that found a reduction in symptoms of depression. The studies, conducted at Charles Drew University in Los Angeles and the University of Hawaii in Kohala, included African Americans and Native Hawaiians 55 years and older who were at risk for cardiovascular disease.

Participants in both studies showed significant reductions in depressive symptoms compared to health education controls. The largest decreases were found in those who had indications of clinically significant depression, with the meditators showing an average reduction in depressive symptoms of 49%.

Dr. Nidich was also the first author on a randomized controlled trial involving 130 subjects that found that women with breast cancer reduced stress and improved their mental health and emotional well-being through the Transcendental Meditation technique. The study, conducted at Saint Joseph Hospital in Chicago, was published in Integrative Cancer Therapies.

Study outlines EEG differences among types of meditation
A paper in Consciousness and Cognition by Fred Travis and Jonathan Shear surveyed EEG characteristics to show that different types of meditation produce different types of activity in the brain. The authors described three categories of meditation: focused attention (concentrating on an object or emotion), open monitoring (being mindful of one’s breath or thoughts), and automatic self-transcending (meditations that transcend their own activity).

Because different meditation techniques involve different procedures, they lead to different EEG patterns. For example, certain meditation procedures from the Buddhist, Tibetan Buddhist, and Chinese traditions fall into the focused attention category. These procedures give rise to beta/gamma activity in the brain — seen during active cognitive processing or control of the mind.

Other meditation procedures (from the Buddhist and Chinese traditions and India) fall into the open monitoring category. During practice of these procedures, the brain displays theta activity — seen when reflecting on mental concepts.

The Transcendental Meditation technique is in the automatic self-transcending category. It produces frontal alpha 1 coherence, which characterizes the state of inner wakefulness. Higher coherence indicates the brain’s “executive control center” is functioning in an integrated manner.

The EEG characteristics of self-transcending are the result of the effortless nature of the technique, and brain wave patterns in the Transcendental Meditation technique reach high levels after just a few months.

In contrast, the authors describe a case study in which a practitioner of Qigong achieved effortless practice after 45 years, which was hypothesized to be the result of “automaticity through extensive rehearsal” — just as any activity becomes more automatic through repeated practice.

EEG study looks at default mode network
Also a study, with Fred Travis as first author, published in the journal Cognitive Processing discovered that people who practice the Transcendental Meditation technique are able to systematically tap into a natural mode in the brain called the default mode network — a deep level of function that has been identified by scientists.

The study also found that the EEG pattern in the meditators was different from the subjects in the control group who just sat with their eyes closed. During Transcendental Meditation practice there was higher power in alpha waves in the frontal cortex (indicating greater inner wakefulness), lower-power beta and gamma waves in the frontal cortex (the brain is working less), and greater interhemispheric coherence (the brain is working more as a whole).

$1 million NIH grant for TM as treatment for heart disease
The National Institutes of Health awarded a grant of $100,000 per year for two years for research on using the Transcendental Meditation technique in the treatment of coronary heart disease in African Americans.

The research involves a collaboration between MUM and Columbia University Medical School.

The research will focus on cardiac rehabilitation, especially after a heart attack.
Accounting MBA graduates achieve remarkable success

From a top-10 finish in a national business competition to securing promotions to executive positions in U.S. corporations during their practicum phase, students in the Accounting MBA are showing that their MUM education can help them achieve great things.

Professional success comes early for Chris Murali

At graduation this year some of the graduating Accounting MBA students met with those just beginning the program to share stories of professional success.

After taking six MBA courses on campus, Singapore native CK (Chris) Murali began the two-year practicum phase of his MBA in October 2008, when he accepted a job as an Accounting Manager with ObjectNet Technologies, an information technology consulting company headquartered in Georgia. He faced a number of stiff challenges early on, including integrating the company’s accounting system with an overseas holding company when the two companies merged.

He handled these challenges so well that in January 2009 he was named Senior Manager of Finance and Accounts. And by February 2010 he had risen to the position of Vice President of Business Development (Global Network & Establishment Services).

He attributes his success to his professional background before becoming a student, specific courses during his MBA at MUM (such as business law and taxation), and his ability to manage stress. He deeply appreciates the Transcendental Meditation technique because “it allows stress and tiredness to be released in a natural way, resulting in greater energy, clarity and enjoyment of life up to the fullest.”

Chris achieved all of this while also finishing his MUM degree via distance education courses. This combination of course work and practical experience is proving to be a powerful combination for the accounting MBA students.

Seblewongel Gebresenbet works for the Inspector General

Ethiopian student Seblewongel Gebresenbet’s career took an unexpected direction after three months working as a Staff Accountant in the Washington, D.C., metro area for an international hotel chain. She received a call from the D.C. office of the Inspector General inviting her to interview for an auditor position.

She passed the interview, joined the agency, and discovered new opportunities for professional growth. Ms. Gebresenbet soon found herself participating in key projects such as the American Recovery and Reinvestment Act of 2009 (Congress’s stimulus package). She was recently promoted to a higher-level responsibility in auditing, planning, and performance measurement analysis, which requires expert knowledge of data analytics, communication, and use of emerging technologies.

“I wouldn’t have done any of this if it weren’t for the opportunity provided through MUM’s MBA Accounting Professionals Program,” she says. “The continuous team assignments that stimulate teamwork and develop analytical skills, the interactive and friendly MUM community that encourages positive thinking and creativity, and the continued support of the Accounting MBA program has greatly contributed to my success.”

The team of Patricia Barreto-Larae (Venezuela), Thao Tran (Vietnam), and Ying Liu (China) earned ninth place in a national business simulation competition involving teams from 93 universities. The exercise was part of Andrew Bargerstock’s class in Lean Accounting Transformation.

Nationally known visiting faculty enrich instruction

This year saw a stream of prominent specialists come to campus to teach courses — from experts on natural building and permaculture to a documentary filmmaker.

Experts teach sustainable living

Adding to the expertise of the full-time faculty in the Sustainable Living program this year has been the contribution of a range of specialists in the areas of natural building, biotechnology, and organic food. We have studied with Elaine Ingham, one of the world’s leading soil scientists and president and director of research for Soil Foodweb, a pioneering company creating soil with the optimal balance of organisms that a plant needs to thrive; and William Hunter, who has conducted over 2,000 organic audits of producers of food and other consumable goods to ensure production processes genuinely follow organic standards.

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For more information about the Accounting Professionals Program, see www.mum.edu/accounting

For more information about the Sustainable Living Program, see www.mum.edu/sustainable_living

Media students learn from award-winning producers/directors

Media and Communications students this year enjoyed learning from award-winning producers/director Leigh Badgley, producer of the documentaries Greenpeace: Making a Stand; True Prince: Vladmir Malakhov, The Dolphin Dealer, and many others. She taught a new course titled “Creating Documents from the Inside Out,” during which her students produced their own documentaries.

Creative Musical Arts program to draw upon prominent musicians

A new music program is being launched this fall, with courses on topics such as songwriting and music technology, and faculty that will include renowned musicians from New York City and the University of Michigan.

Visiting faculty who have helped design the program and who are teaching courses include Donald Soin, who has played the piano on Broadway, taught songwriting around the world, and has written a textbook titled Music Theory Through Improvisation: A New Approach to Musicianship Training.

In addition, Jane Roman Pitt, an award-winning composer of choral music and a singer-songwriter who has recorded and coproduced four albums, will also be teaching.
What I find special about MUM is that you can easily find a common ground with everyone to get into a deeper conversation about almost anything, because everyone here is functioning from the same deep well of understanding about life.

“After an amazing three and half years of being a student at MUM, the home of Consciousness-Based education, I now believe that I have developed myself, my potential, and I have a better understanding of who I am. My experience being a student at MUM was like coming to a tiny door that slowly opened into an enormous, enlightened place where all things are possible and where I am in tune with the source of all creation.”

Josh Paling, B.A. in Maharishi Vedic Science

“About a year ago I was taking a class with Dr. Tom Egenes, and there’s something about his classes that make you feel completely fulfilled, completely in the wonder of your own existence.

“So one day after class I left fulfilled as usual to go and see a motivational speaker who was presenting in town. And he turned out to be a great speaker. I felt really pumped up — like I’m really going to go out there and get it. Get rich, get successful, get everything I ever wanted.

“But shortly after it occurred to me that I walked in fulfilled, and I walked out feeling like there was something lacking, something that I needed to go out there and get. When I tried to pinpoint what that was, I couldn’t find anything. So I’m realizing that I basically just dismissed everything that I heard and went back to being fulfilled.

“A lot of people ask me, ‘What do you get out of a Maharishi Vedic Science degree? This is not career oriented.’ And for me the most valuable thing I’ve taken out of it is just that — an ever-increasing sense of inner fulfillment regardless of what’s going on outside.”

Actor Stephen Collins advises graduates to be countercultural

The humor began immediately when he said, “I want to start by saying don’t worry about listening too hard because I’ve realized in the past two weeks that I don’t remember a word of what was said at my college graduation. And I’ve been asking people, and nobody else does either. So thank you very much.” And then he started to walk off the stage.

But he returned and delivered a powerful message, starting with how important his practice of the Transcendental Meditation and TM-Sidhi program has been in his life. So important than when he went to India in 1981 to take a month-long course offered by Maharishi, he decided to stay, even though a week after he walked in fulfilled, and I walked out feeling like there was something lacking, something that I needed to go out there and get. When I tried to pinpoint what that was, I couldn’t find anything. So I’m realizing that I basically just dismissed everything that I heard and went back to being fulfilled.

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Mr. Collins turned it down. His agent said, “I’m offering you one of Charlie’s angels and you want the Maharishi? What, are you out of your mind?” But Mr. Collins knew he had made the right decision.

He told the audience that crew members and other actors often ask him how he can stay so calm when things are so tense and pressured. He said people sometimes resist the idea of meditation, saying “I don’t know if I want to meditate. I don’t want to lose my edge.” “My response,” he told the audience: “Howard Stern, Jerry Seinfeld, Paul McCartney, Anthony Hopkins, Barbara Streisand, Russell Brand, David Lynch, and Martin Scorsese.”

Mr. Collins, whose most well-known role was in the long-running TV series 7th Heaven, gave strong direction to the graduating students, advising them to be “countercultural.” By this he meant resisting today’s culture of genetically engineered food, dependence on fossil fuels, a health care system that mediates symptoms rather than preventing disease, and efforts to lower organic standards.

He told them to strive to be a true patriot. A true patriot, he asserted, is “someone who’s willing to create a society that runs on sustainable energy, someone who’s willing to argue that a change to sustainable energy will actually save our country, make our auto industry competitive again and solve unemployment. . . . A patriot in 2010 gets the word out about the Maharishi Effect.”

And he advised the graduates that with the quiet power of the Transcendental Meditation technique, and their degree from “this extraordinary university,” they are poised to make a huge difference in the world.
Documentary by Stuart Tanner premieres

S aving the Disposable Ones, a new film directed by faculty member and award-winning BBC documentary Stuart Tanner, had its world premiere this year at the Sondheim Center for the Performing Arts.

The documentary tells the story of the abandoned children in Colombia and how Father Gabriel Mejía has transformed their lives by providing shelter, love, and the Transcendental Meditation technique.

In Medellín, Colombia, in the mid-1980s, Father Gabriel opened his first shelter — a place where children could come for a good meal and a safe place to sleep. There are now 47 shelters in Colombia under Father Gabriel’s direction.

The 68-minute film is in Spanish with English subtitles. The David Lynch Foundation is submitting it to film festivals and TV networks and it will subsequently be available on DVD.

Dr. Egenes publishes new translation of Patanjali’s Yoga Sutras

Maharishi Vedic Science faculty member Tom Egenes published a translation of the Maharishi Patanjali Yoga Sutras, the revered text on Yoga. According to Dr. Egenes, yoga means union, and the Yoga Sutras describes the experience of unity, the complete settling of the activity of the mind.

The Yoga Sutras were cognized in ancient India by the Vedic seer Maharishi Patanjali. They are composed of 195 short sutras that illuminate the teaching of yoga and meditation, giving a profound understanding of life in transcendence.

The book (paperback) is available on Amazon. Dr. Egenes is also posting the translated sutras on Twitter at http://twitter.com/yoga_sutras.

Dr. Bargerstock wins national lean award

Business faculty member Andy Bargerstock won a national award for “advancing lean and account accounting concepts in the classroom and beyond.” The award, the LEI Excellence in Lean Accounting Professor Award, was presented by the Lean Enterprise Institute at the 5th Annual Lean Accounting Summit.

The recognition came as a result of Dr. Bargerstock’s implementation of lean principles in the classroom for the academic year 2008–2009. Faculty attendees from last year’s summit were invited to submit applications documenting what they had implemented.

Lean thinking, which is being adopted by companies worldwide, consists of the success principles from the Toyota Production System, concepts that can be applied universally to any organization.

Dr. Heaton authors article, book chapter


Postconventional means an autonomous and integrated personality that is more conscious and mature than a conforming personality. Dr. Heaton’s chapter relates higher states of consciousness, as presented in Maharishi Mahesh Yogi’s commentary on the Bhagavad Gita, to theories of psychological development in modern psychology.

In addition, an article by Dr. Heaton in the Journal of Human Values describes the unique approach to management education at Maharishi University of Management. Titled “Maharishi Mahesh Yogi’s Natural Law-Based Management: A Review of Theory and Research,” the article gives an overview of Maharishi’s formula for success in management.

Dr. Heaton presents empirical evidence supporting Maharishi’s theory of natural law-based management from two streams of research: one correlating peak performance with transcendental experiences, and the second focusing on the effects of systematically cultivating transcendence in organizational settings through the Transcendental Meditation technique.

The article also reviews how the integration of silence with dynamic activity is expressed in Maharishi’s books, including Science of Being and Art of Loving, and Maharishi’s Absolute Theory of Government.

Dr. Travis presents in United Arab Emirates, Cyprus, Holland, and Colombia

Professor Paul Travis traveled to a number of different countries this year to introduce them to the ways in which the Transcendental Meditation technique benefits brain function. Speaking primarily to educators and education officials, his message was simple: how we learn, how stress can interfere, and how stress can be alleviated. Everywhere he went, he found considerable interest.

In Colombia Dr. Travis spoke to 600 professionals about the effects of stress on the brains of Colombia’s street children and how the Transcendental Meditation technique can help alleviate these effects. Attendees were priests, social workers, nutritionists, and counselors who work in therapeutic communities in Latin America.

In Cyprus, Dr. Travis spoke at the International Forum of Traditional I-Ching and Dao experts from all over the world. Dr. Graff was the only Westerner present and was honored by being invited to deliver opening remarks to all attendees. He spoke about Maharishi University of Management and Maharishi Vedic Science, and their relation to the Chinese understanding of the Dao.

Dr. Zhu gave a presentation titled “Fish Cannot Leave Deep Waters, Man Cannot Leave the Source,” focusing on the changing and nonchanging nature of the Dao, or unified field, and the experience of the Dao through the Transcendental Meditation technique.

While most experts focus on an academic exploration and articulation of the I-Ching, Dr. Zhu gave audiences a fresh look from modern science, Maharishi Vedic Science, and the experiential aspect of the Dao.

Ken Daley named to county foundation board

Faculty member Ken Daley has been playing a major role in upgrading the health of those in the Jefferson County region, and continues to have an increasing influence at the state level and beyond.

This past year he was appointed to the Foundation Board of the Jefferson County Health Center. The Foundation is a volunteer board composed of members of the community who give input in the funding and administration of the foundation.

In addition, he is playing a major role in the Jefferson County Wellness Action Coalition in directing a two-year, $100,000 wellness program conceived by the county. That initiative has been successful, and in the summer of 2010 Mr. Daley and those with whom he has been collaborating received an additional two-year $100,000 grant.

As a result of his state-wide leadership role, Mr. Daley was invited to attend the first-ever U.S.-hosted international health and physical education forum. It involved 70 educators, health professionals, administrators, and policy makers from 30 countries. The forum theme, “Revitalizing Health and Physical Education Through Technology,” focused on reform in health and physical education programs for K–12 students.

Mr. Daley is also the executive director of the Iowa Association for Health, Physical Education, Recreation and Dance.

Dr. Lester presents on programming for multiple processors

Bruce Lester presented a paper in Switzerland on new computer programming techniques he has developed to allow ordinary computer programs to run much faster by utilizing multiple processors in parallel.

Dr. Gorini publishes new edition of geometry book

Cathy Gorini published a new edition of The Facts On File Geometry Handbook, a geometry primer for middle and high school students, which explains the fundamental concepts, ideas, processes and procedures, and figures that make geometry highly applicable outside the classroom.

See videos about MUM on the MUM YouTube channel at www.youtube.com/user/MaharishiUniversity.
Maharishi School students excel at science, winning state, national, and international awards

Maharishi School science students had an astonishing series of achievements this year, sweeping top awards at state, taking awards at national and international levels, and earning scholarships to attend college.

International Science Fair
Leading the way were sophomores Pearl Sawhney and Minna Mohamadani, who made an original discovery of a source of water pollution in Jefferson County streams. Their project, entitled “Farm Feeding Practices: Exploring Solutions for Environmental Sustainability,” examined the correlation between organic and conventional feeding practices and pollution levels in Jefferson County waterways.

At the Intel International Science and Engineering Fair in San Jose in May, Pearl and Minna were each offered college scholarships for $12,500 annually. This event is the world’s largest pre-college science and engineering fair in the world vying to attend, and 1,500 million young scientists from around the world applied to be one of the two Iowa delegates. Along with Pearl and Minna, the delegation included the winners of Contra Costa County’s Science and Humanities Symposium, Raph Burne and Atreya Dey. Raph and Atreya were both finalists at the national level, winning second place and sixth place, respectively.

Multiple science awards for Atreya Dey
Maharishi School junior Atreya Dey also made a mark this year. He was named one of two Iowa finalists in a statewide biotechnology competition and received a $400 travel award and an invitation to compete in the nanof-favent Midwest Regional BioGENEius Challenge. His project, titled “Comparing the Effects of Commonly Used Insecticides on Alpha-amylace Activity,” found that use of corn and other pesticide-treated crops is not only harmful to humans but increases the cost of industrial production.

He also won a Herbert Hoover Award and spent the summer of 2010 working under a professor at Iowa State University researching better methods to clean up herbicide and pesticide pollution in streams and rivers. In addition, he received a $1,000 scholarship for winning first place in the Iowa Rotary Youth Leadership Forum (RYLF) essay competition.

National Science Symposium
Maharishi School junior Raph Burne received an honorable mention award at the National Junior Science and Humanities Symposium in Bethesda, Maryland, for his poster presentation, entitled “Sustainable Insulation and Conservation: Keeping Heat In and Sound Out,” used recycled car tires mixed with recycled paper to create an effective heat and sound insulation.

This project also earned Raph the opportunity to be one of the two Iowa delegates, along with Pearl Sawhney, at the American Junior Academy of Science conference in San Diego.

Top prize award at state
Maharishi School 10th-grader Essa Johnson won the Critics’ Choice ban-
Why We Need Your Support

As a private institution, we do not receive public tax support. And as a relatively new institution, our endowment has grown to only a modest size so far.

Our two major income streams, as you can see on the chart below, are student tuition and your Annual Fund donations. Together these account for 8% of the income we use to operate the University each year. In the past year, we received more than $2.7 million in donations, including support for the Annual Fund, which helps enormously with operating expenses.

We are so grateful for what our open-hearted family of donors contributes to Maharishi University of Management year after year.

And now we are hosting the Invincible America Assembly, which is creating such marvelous effects in our country and in the world. The associated costs are largely being carried by the University — and so your support is more vitally needed than ever.

We extend our deepest gratitude to all of you for your contributions — generous, wise, and visionary. We are on the threshold of creating an Invincible America and a peaceful world — the fulfillment of our mission as a University.

Dear Alumni and Friends,

This past year has been filled with achievements. Highlights include:

- **Expanding enrollment** — New undergraduate student enrollment rose by nearly 20%, with the largest new entering class since 1989.
- **Sustainable Living Center** — This building, the first of its kind in the world, is nearing completion. Completely off the grid, the building combines four different sustainable technologies. Just as the Golden Domes symbolize our leadership in development of consciousness, this building will symbolize our leadership in sustainable living — life in accord with natural law.
- **International collaborations** — We have seen rapid acceleration of collaborations for Consciousness-Based educational programs with institutions in China, South Africa, India, and Brazil.
- **Leadership through knowledge** — Maharishi established MUM’s leadership in the world through the knowledge with which he endowed it. This university bearing his name demonstrates that, to be truly worthy of being called an educational institution today, education must offer a transformative experience to each student.

Under the leadership of Dr. Bevan Morris for 30 years, MUM is a visionary educational institution, developing society’s future leaders, teachers, scientists, health professionals, eco-progressive entrepreneurs, and public servants, to sustain every area of society.

Our students see themselves as change makers. They recognize that an MUM education — coupling inner development with academic rigor — is the key to unfolding those abilities in themselves. They also see that collective practice of the Transcendental Meditation and TM-Sidhi program is the key to transforming society.

Growing toward the future
MUM is now poised to grow to 2,500 students on campus. 100,000 disadvantaged students worldwide have received scholarships for the Transcendental Meditation program, opening the door to enormous success for those students and their communities. We want to offer scholarships for these students, as well as the students at our collaborating institutions worldwide, so they can come to MUM and rise to lead their countries.

We also need to do more to support our faculty and staff and support them in their retirement. I invite you to come and meet our enlightened students, faculty, and staff. Come and experience the community that nourishes them. With your generous support, we will continue growing this University and fulfill its great destiny.

Jeffrey S. Abramson
Chairman of the Board of Trustees
If you aren’t already enjoying the marvelous experience in the Golden Domes and contributing to national invincibility and world peace, please come and join the Invincible America Assembly.

• **Come for any length of time** — There is no course fee (living expenses need to be covered).

• **Receive support for living expenses** — U.S. citizens can receive a grant of up to $800 a month based on attendance in the Dome.

To apply, see invincibleamerica.org

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**Visitors Weekends**

These weekends are designed especially for prospective students and their parents—but are open to anyone who wants to sample life at the University.

**2011**

- February 25–28, March 11–14, April 15–18, May 13–16, June 10–13, July 8–11

Contact our Office of Admissions at 800-369-6480 or 641-472-1110 Monday–Friday, 10 a.m.–noon and 1–4 p.m. Central Time, or email admissions@mum.edu. See www.mum.edu/visitors. The $50 fee includes lodging, meals, and ground transportation.