

# GOLDEN DOMES

## U P D A T E

THE NEWSLETTER OF THE MAHARISHI UNIVERSITY OF MANAGEMENT COMMUNITY

## Invincible America Assembly Approaches the 2,000 Threshold!

*Assembly shown to reduce violence in society and imbalances in nature*

**W**e are so close. The total number of coherence-creating Yogic Flyers participating in the Invincible America Assembly each day is approaching the 2,000 mark — the threshold at which Maharishi said we would begin to see very marked changes in U.S. quality of life.



*“We are so close to having 2,000 Yogic Flyers in morning and evening program on a steady-state basis. We will cross that threshold person by person. I appeal to every Sidha in Fairfield to come even a few more times a week. I invite every Sidha around the U.S. to spend some time in Fairfield, ideally on the Assembly, and to consider moving here, as so many have done. We cannot imagine how our quality of life will improve as we surpass the 2,000 threshold. We can, must, and will do this.” — Dr. John Hagelin*

On April 27 the number rose to 1,885. We have seen significant change already. Since 2006, when Maharishi launched the Assembly, U.S. violent crime rates have dropped dramatically. In 2010, the FBI reported an unexpected 50-month decrease in violent crime, with the number of murders falling to the lowest point in four decades.

Federal officials neither anticipated this sustained drop nor identified a cause. But before the Assembly started, Dr. John Hagelin, MUM physicist who heads the University’s Institute of Science, Technology and Public Policy, predicted this very result to the global press.

Dr. Hagelin also cited the dramatic decline in the number of destructive hurricanes and tropical storms hitting

the U.S. since the Assembly started. According to the Department of Atmospheric Science at Colorado State University, the last major hurricane to hit the U.S. was one year prior to the Assembly in 2005.

### **More Vedic Pandits arrive**

Maharishi’s technologies of peace also include peace-creating performances by Vedic Pandits, who live on a specially built campus in Maharishi Vedic City, north of Fairfield.

These Vedic experts are also Yogic Flyers. This year, thanks largely to the overwhelming generosity of Drs. Howard and Alice Settle, the number of Vedic Pandits has risen to 1,250, significantly adding to the total number and to the coherence-creating Maharishi Effect.

### **Dr. Morris tours U.S. to promote the Assembly**

University President Dr. Bevan Morris has traveled to 58 cities around the U.S. in recent months, inspiring people everywhere with Maharishi’s vision of how this Assembly will fundamentally change American society and the destiny of the human race. At each event, he reviews the University’s achievements and documents the rising world consciousness and increasing openness everywhere to Maharishi’s Consciousness-Based programs.

### **Participants enjoy extraordinary experiences**

“Each morning I emerge from the Dome I feel as if I am emerging with an entirely new physiology. I feel as if every cell in my body is clean, or more

accurately, brand new. I experience an unalloyed purity in my whole being, a pristine crystal clarity, and the world and everything in it appears totally refurbished.

“But it is not just my physiology that feels as if it has undergone a deep, deep cleaning, my psychology also feels that way. I am filled with a kind of sparkling happiness that I feel must be pouring from me and infecting everything and everyone around me.

“It’s as if my whole being gets saturated with this new, refined, glorified, indescribable level of my own awareness—as if this level is becoming increasingly structured in the very fabric of my whole body, my whole psychology, my entire Being day after day.”

## School students win top awards at state science fair

**M**aharishi School students continue to excel at science. Again this year they won many top awards at the State Science and Technology Fair of Iowa. Moreover, Atreya Dey and Raph Burne were selected to present at six of the world's premier pre-collegiate science fairs, with Raph being chosen to represent Iowa at the National Junior Science and Humanities Symposium.



Raph Burne and Atreya Dey

Atreya earned first place in the chemistry category and received 13 additional top awards for his research on new ways to clean polluted water using biobased ferrite nanoparticles.

Raph placed first in the senior physical seminar and received nine additional top awards for his project on using honeycomb cardboard as building insulation.

Pearl and Surya Sawhney were honored as Overall Senior High Team Reserve Champions, as well as winning three additional awards. Their research studied digestion of animal protein and plant protein in a lab setting and the relationship to obesity and sustainability.

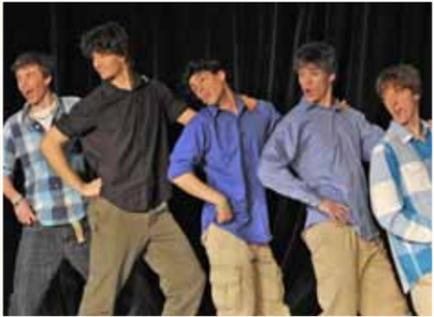
Sam Arsanjani placed second in the computer science category, received the

Intel Excellence in Computer Science award, and was a Senior High Semifinalist for his project entitled RoboRescue: Using AI and Bayesian Networks in Swarms of Robots to Simulate and Increase Efficiency in Search and Rescue Operations. He also won a most outstanding exhibit award at the regional science fair.

Dominic Borg placed third in the

engineering category for his research on the effects of acoustic damping on the bass response of loudspeakers.

And freshman Vinit Suganur placed second in the plant sciences category and third in the individual biological seminar for his research on the comparative effects of caffeine and coffee grounds on soybean growth and metabolism.



### Four groups selected to perform at state speech competition

**E**ight of the nine Maharishi School teams that competed in the district speech competition were invited to compete at the state level. Four of those teams were selected as outstanding and were invited to perform at the annual Iowa High School State Speech Association Festival in Ames. They included solo mime artist Sky Nite, a musical theater group, group improv, and a one-act play.

### Students win creative problem-solving competition

**N**ine teams from Maharishi School competed at the Iowa Destination ImagiNation competition, with five of those teams taking first place and then competing against thousands of students from 30 countries at the international competition at the University of Tennessee, Knoxville. Destination ImagiNation provides educational programs for students to learn and experience creativity, teamwork and problem solving. Students work in teams to solve mind-bending challenges and present their solutions at tournaments.



### Atreya Dey wins scholarship

**M**aharishi School senior Atreya Dey was recently selected to receive a Quest-Bridge College Match scholarship. He is one of 10 students admitted as Quest Scholars to Haverford College. He plans to pursue a career in medical or aeronautical sciences and corporate law.

### Colette Clark named National Merit Finalist

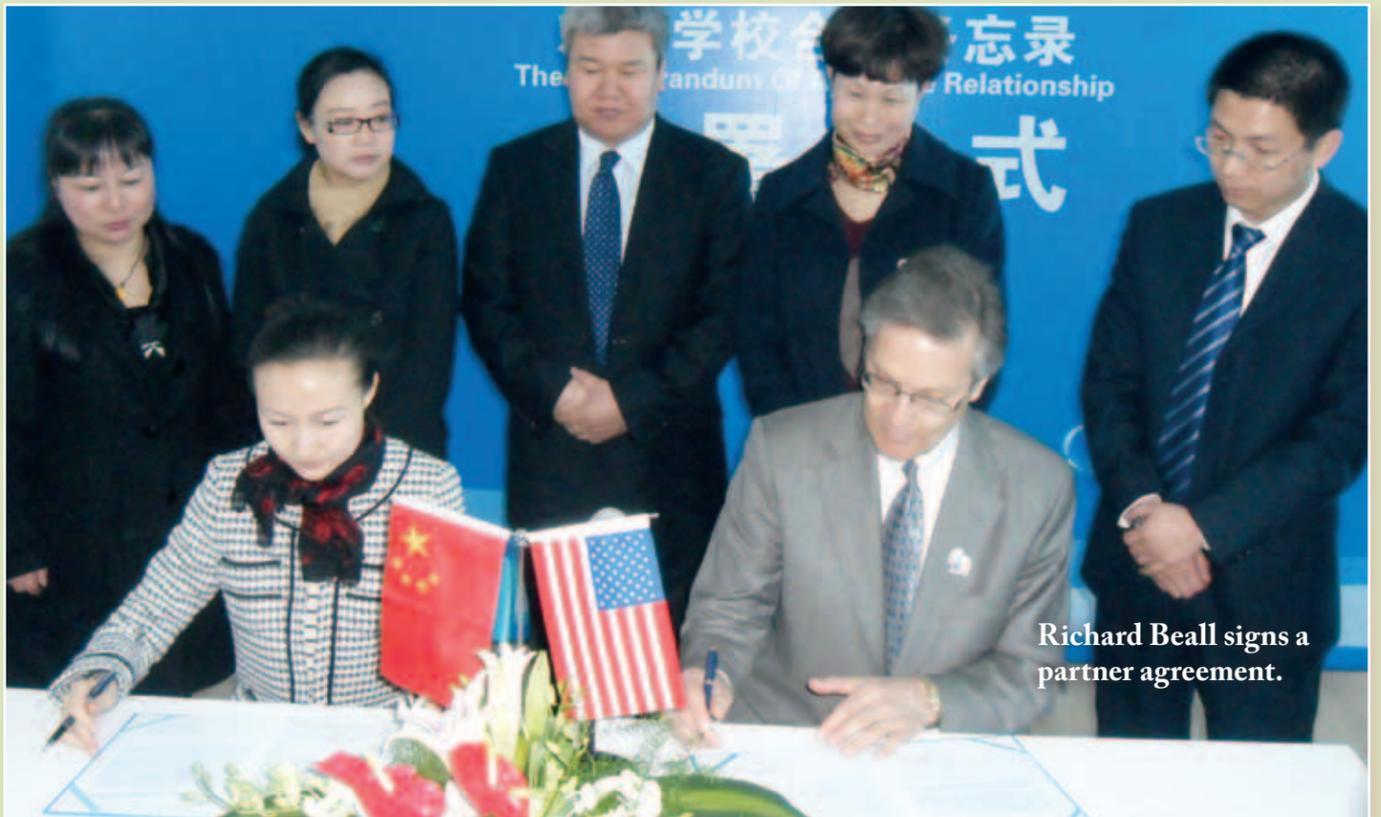
**M**aharishi School student Colette "Coco" Clark was among the approximately 15,000 students recently named by the National Merit Scholarship Corporation as finalists in the 2011 scholarship program.



Colette Clark

### More students from China coming to Maharishi School

**R**ichard Beall, director of Maharishi School, and his wife, Andrea, spent March traveling in China, meeting students and their parents, accepting applications for admission, and signing agreements with partner institutions. Maharishi School continues to gear up its boarding school program and anticipates 5 to 15 Chinese students enrolling this fall. The School already has two students from China.



Richard Beall signs a partner agreement.

## MUM introduces online distance education program

**M**UM has launched a new online distance education program to offer the University's courses to people around the world and make Consciousness-Based<sup>SM</sup> education available to those not able to come to Fairfield.

The first course last fall was Maharishi Self-Pulse<sup>SM</sup> reading, taught by Paul Morehead. That course was followed in February by Foundations of Physics and Consciousness, taught by Dr. John Hagelin. The Maharishi Yoga<sup>SM</sup> Asana course will begin in July. Online courses are available to the general public either for credit or non-credit. The classes include video

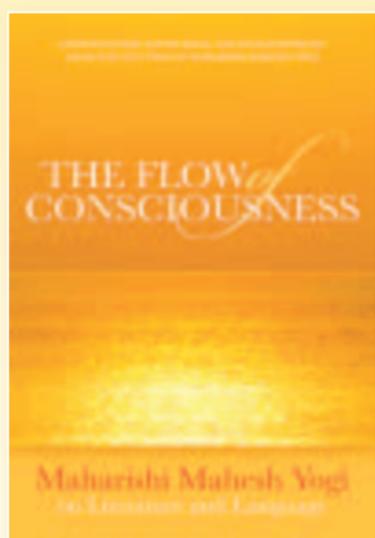
lectures, talks by Maharishi, video conferences with faculty members, learning activities, assignments, and feedback.

Spearheading the new online education program is Perry Bedinger, who came to MUM from Harvard Business School to serve as associate dean of distance education.

See [www.mum.edu/de](http://www.mum.edu/de).



Dr. John Hagelin teaches the first-year physics course, which is now also offered via distance education.



### First-ever book of Maharishi's lectures explores literature and language

**F**or the first time, a selection of talks by Maharishi Mahesh Yogi has been transcribed and published. Titled *The Flow of Consciousness: Maharishi Mahesh Yogi on Language and Literature*, the 350-page book includes 14 talks given in the years 1971-76. See [mumpress.com](http://mumpress.com).

### Research shows improved academic performance and brain function

**T**wo new studies have shown yet again that the Transcendental Meditation technique<sup>®</sup> improves brain function.

A pilot study on students with attention deficit hyperactivity disorder (ADHD) in *Mind and Brain, The Journal of Psychiatry* found improved brain functioning and decreased symptoms as a result of practicing the Transcendental Meditation technique.

In addition, the Transcendental Meditation technique may be an effective approach to improving math and English academic achievement in low-performing students, according to a study published in the journal *Education*.

The study was conducted at a California public middle school with 189 students who were below proficiency level in English and math. Students who practiced the Transcendental Meditation technique showed significant increases in math and English

scale scores and performance level scores over a one-year period. Forty-one percent of the meditating students showed a gain of at least one performance level in math compared to 15% of the non-meditating controls.

### MUM partners with additional Chinese universities

**A**s a result of Dr. Bevan Morris's recent tour of China, MUM is now collaborating with three universities in China in addition to the ongoing partnership with the Overseas Chinese College of the Capital University of Economics and Business (CUEB) in Beijing, a state-owned university. The partnerships were signed in January, and in March the first 16 students arrived. As many as 75-100 are expected to enroll this fall.

The new partners include Beijing Language and Culture University in Beijing, Qiongzhou University on Hainan Island in southern China, and Beihua University in northeastern China.

### Students from Maharishi Schools in India to enroll fall semester

**F**ollowing a tour of Maharishi Vidya Mandir schools in eight cities in India by MUM legal counsel Bill Goldstein and Leslee Goldstein, MUM has received dozens of applications and is hoping to enroll 50 students from these schools this fall.

Their enrollment is being facilitated by 50 scholarships supported by contributions from MUM Presidential Scholarships, the David Lynch Foundation, and the Howard and Alice Settle Foundation. The Maharishi schools are the largest private school system in India, with more than 200,000 primary and secondary students.



### MUM group installs renewable energy in remote Alaskan village

**S**everal current and former students and Sustainable Living faculty member Lonnie Gamble spent a month last fall in a small remote village on Admiralty Island in Alaska installing sustainable energy technology as part of a project to help indigenous Alaskans deal with the crushing energy costs, which would have forced the people to relocate after a heritage on the island stretching back thousands of years.

The group installed solar energy panels, solar hot water, a wind turbine, monitoring equipment, and energy-efficient fixtures such as LED bulbs on two demonstration projects: a home and a school. They also worked on weatherization in order to minimize energy loss.



Faculty member Lonnie Gamble (left) and alum Troy Van Beek (center) help construct a wind turbine in rural Alaska.



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## PLEASE JOIN US FOR THE Invincible America Assembly

This is an extraordinary opportunity to influence the course of world events while also experiencing deep silence within. Please help us create an Invincible America and a peaceful world.

This year the Guru Purnima celebration will be on July 15.

Join the assembly at any time and stay for as long as you can.

Currently 1,900 Yogic Flyers are gathering together on the Invincible America Assembly. The daily reports of experiences in program consistently reflect profound growth of higher states of consciousness in program and activity.

Please apply for the assembly at [www.invincibleamerica.org](http://www.invincibleamerica.org)

This website also provides information on the assembly and answers many common questions. Additional questions can be directed to the Invincible America Department at 641-472-1212.

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### NATIONAL NEWS

#### **New York Times reports on new wave of interest in the Transcendental Meditation technique**

The fundraiser at the Metropolitan Museum of Art last December was remarkable in many ways. There was actor/comedian Russell Brand emceeding the event. There was celebrity physician and TV host Mehmet Oz, often referred to as “America’s most trusted doctor,” presenting research on the Transcendental Meditation technique. And there was CNN anchor Candy Crowley, introducing veterans who had suffered from post-traumatic stress disorder and whose lives had been transformed by the Transcendental Meditation technique.

An A-list of celebrities was on hand to help raise funds for the David Lynch Foundation, which offers scholarships to learn the Transcendental Meditation technique to those greatly impacted by stress: homeless people, military veterans, street children, prisoners, and native Americans, as well as students in inner-city schools.

The media noticed. And in a feature article in the *New York Times*, the headline read: “Look Who’s Meditating Now.” The article noted the interest of celebrities in the Transcendental Meditation technique, the increasing numbers of people who are learning the technique, and the research that shows the health benefits, as well as including quotes from Russell Brand, David Lynch, and others on the ways meditation has affected their lives.

#### **New book by Dr. Norman Rosenthal**

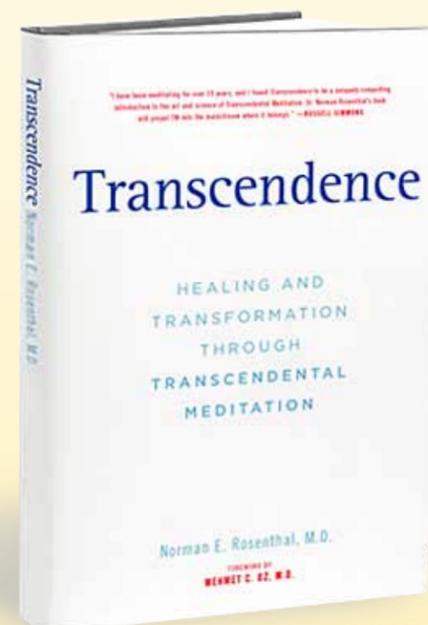
This wave of interest will get a boost in June with the publication of a book on the benefits of the Transcendental Meditation technique written by renowned psychiatrist Norman Rosenthal, a clinical professor of psychiatry at Georgetown Medical School and a former senior researcher at the National Institute of Mental Health.

Titled *Transcendence: Healing and Transformation Through Transcendental Meditation*, the book includes dozens of interviews with individuals who have been helped by the practice. And in every case, Dr. Rosenthal discusses the published research that explains why meditation has helped them.

Dr. Rosenthal, most well known for pioneering the study and treatment of seasonal affective disorder (SAD), has previously published four popular books.

“The momentum of support for the Transcendental Meditation program is growing stronger and stronger each year,” said Dr. John Hagelin, president of the David Lynch Foundation. “People like Clint Eastwood, one of the world’s most acclaimed filmmakers; Katy Perry, one of the world’s top rock stars; and Mehmet Oz, one of the leading doctors in America, are coming forward to support this effort be-

cause their personal experience of the Transcendental Meditation technique tells them how important it is.”



### CHANGE BEGINS WITHIN

A David Lynch Foundation fundraiser last December at the Metropolitan Museum of Art featured many celebrities, including Russell Brand (pictured at right with John Hagelin), Candy Crowley, Mehmet Oz, and more.

